

Overview

Neurovex Pro is an advanced nootropic formula designed to enhance focus, memory, mental clarity and brain energy in adults looking to optimise their cognitive performance. Formulated with a synergistic blend of clinically studied ingredients, this premium dietary supplement provides targeted nutritional support for the demands of modern life, whether in high-pressure work environments, academic studies or daily mental tasks requiring sustained concentration.

Each serving of six vegetable capsules provides a carefully balanced combination of key compounds, including Citicoline (CDP-Choline), Acetyl-L-Carnitine (ALCAR), Lion's Mane Mushroom Extract, Bacopa Monnieri Extract, Rhodiola Rosea Extract, Panax Ginseng Extract, L-Tyrosine, L-Theanine, and Dynamine® (Methyllicberine), alongside bioavailable B vitamins (B6 as P-5-P, Methylcobalamin B12, and 5-MTHF Folate). These ingredients work together to support neurotransmitter production, cellular energy metabolism, and normal cognitive function.

Neurovex Pro is manufactured to the highest standards and presented in a convenient capsule format. It is suitable for individuals following vegetarian and vegan lifestyles. As with all food supplements, Neurovex Pro is intended to complement a varied and balanced diet and a healthy lifestyle.

Ideal for professionals, students, and anyone looking to maintain mental sharpness throughout the day, Neurovex Pro offers comprehensive daily cognitive support.

Benefits

Neurovex Pro provides comprehensive nutritional support for cognitive performance, helping you to stay sharp, focused and mentally energised throughout demanding days. Its synergistic formula combines scientifically proven nootropic compounds, adaptogens and bioavailable B vitamins to promote normal brain function, balance neurotransmitters and boost cellular energy production — all without the need for harsh stimulants.

Key benefits include:

- **Supports focus and concentration** during mentally demanding tasks.
- **Contributes to memory and recall**, which is ideal for learning and information retention.
- **Promotes mental clarity and alertness** while balancing the stress response.
- **Helps sustain brain energy** and reduce mental fatigue.
- **Supports calm, jitter-free focus** through the synergistic action of L-theanine and Dynamine®.
- **Provides essential B vitamins** in their most bioavailable forms to support normal psychological function and energy metabolism.

Neurovex Pro is designed for consistent daily use, giving professionals, students, and high performers the cognitive edge they require while being gentle on the system.

How to use the supplement

For best results, take Neurovex Pro first thing in the morning. The recommended daily serving is 6 capsules, swallowed with a full glass of water. Although the formula can be taken on an empty stomach, many users prefer to take it with a light breakfast or meal to support gentle digestion.

Consistency is key to experiencing the full benefits of this advanced nootropic formula. Incorporate Neurovex Pro into your daily morning routine to enjoy sustained focus, mental

clarity and brain energy throughout the day. For best outcomes, pair it with healthy lifestyle habits such as adequate sleep, hydration, regular exercise and a balanced, nutrient-rich diet.

Do not exceed 6 capsules per day. Neurovex Pro contains a mild stimulant (methylliberine), so if you are sensitive to stimulants, we recommend avoiding additional high-caffeine sources. Always follow the directions for use, and consult your healthcare professional before starting any new supplement — especially if you have a medical condition, are pregnant or breastfeeding, or are taking medication.

How it works

Neurovex Pro is an advanced nootropic formula designed to support key aspects of cognitive performance, including focus, memory, mental clarity and brain energy. Its multi-ingredient approach combines targeted compounds that work together to nourish brain cells, support neurotransmitter activity, promote cellular energy and help the brain adapt to daily demands. The product does not make exaggerated claims or promise results beyond what the ingredients are known to contribute based on available research.

Key mechanisms

Citicoline (CDP-Choline, 250 mg per serving) serves as a precursor to *phosphatidylcholine*, a major component of cell membranes, while also supporting *acetylcholine* levels. This dual action helps maintain neuronal membrane integrity and supports processes involved in attention and memory.

Acetyl-L-Carnitine (ALCAR, 500 mg per serving) plays a role in mitochondrial energy metabolism by facilitating the transport of fatty acids into mitochondria for energy production. It also supports the synthesis of *acetylcholine* and the stability of neuronal membranes, thereby contributing to overall brain energy and cognitive endurance.

L-tyrosine (500 mg per serving) acts as a precursor to the *catecholamine* neurotransmitters *dopamine* and *norepinephrine*. In situations of stress or high cognitive demand, it replenishes these neurotransmitters to support mental performance, focus, and alertness.

Lion's mane mushroom extract (400 mg per serving) contains bioactive compounds such as *hericenones* and *erinacines*, which may stimulate nerve growth factor (NGF) production. NGF supports the growth, maintenance, and survival of neurons, which contributes to long-term cognitive health and clarity.

Bacopa monnieri extract (250 mg per serving) is traditionally associated with memory support. Its *bacosides* modulate neurotransmitter systems (including *acetylcholine*), exert antioxidant effects and protect the function of the *hippocampus* involved in learning and recall.

Rhodiola rosea extract (200 mg per serving) and **Panax ginseng extract** (150 mg per serving) function as *adaptogens*. They help the body to manage stress responses, which can otherwise impair focus and mental stamina. Research indicates that they reduce fatigue and improve cognitive performance during demanding tasks.

L-theanine (150 mg per serving) promotes a state of relaxed alertness by influencing GABA, *serotonin* and *dopamine* pathways. When taken alongside stimulants such as *methylliberine*, it helps to balance out the effects for a calmer focus.

Methylliberine (Dynamine[®], 75 mg per serving) is a *purine alkaloid* which supports feelings of subjective energy, motivation, and concentration by complementing the action of the other ingredients without causing excessive stimulation.

The B-vitamin complex (**vitamin B6** as P-5-P 5 mg, **vitamin B12** as methylcobalamin 300

µg and **folate** as 5-MTHF 200 µg per serving) supports *homocysteine* metabolism, energy production in brain cells and overall neurological function. These methylated, bioactive forms are easily utilised by the body.

Synergistic support

The combination in Neurovex Pro is designed to work together: Citicoline and ALCAR provide membrane and energy support, L-Tyrosine and B vitamins supply neurotransmitter precursors, Rhodiola and Ginseng provide adaptogenic balance, Lion's Mane provides neurotrophic potential, Bacopa provides memory-focused elements, and L-Theanine with Dynamine® provides balanced alertness. This multi-pathway approach aims to provide comprehensive daily cognitive nutrition when used as part of a healthy lifestyle. Individual responses may vary, and results depend on consistent use alongside a proper diet, adequate sleep and regular exercise.

Administration

Designed for convenient daily use as part of a balanced lifestyle, Neurovex Pro supports focus, memory, mental clarity and brain energy. Each serving provides a precise blend of nootropic compounds and supporting nutrients at levels backed by research.

Recommended dosage

Take 6 capsules daily (one full serving) in the morning. This provides:

- Citicoline (CDP-Choline): 250 mg
- L-tyrosine: 500 mg
- Acetyl-L-carnitine (ALCAR): 500 mg
- Rhodiola rosea extract: 200 mg
- Panax ginseng extract: 150 mg
- Bacopa monnieri extract: 250 mg
- Lion's mane mushroom extract: 400 mg
- L-theanine: 150 mg
- Methyliberine (Dynamine®): 75 mg
- Vitamin B6 (P-5-P): 5 mg
- Vitamin B12 (methylcobalamin): 300 µg
- Folate (5-MTHF): 200 µg

Do not exceed 6 capsules per day. Consistent daily use is recommended for best results, though individual responses may vary.

How to use

For optimal absorption and tolerance, take the capsules in the morning on an empty stomach with a full glass of water. Alternatively, take them with a light meal or food if you experience any mild stomach discomfort. Many users find that taking the capsules in the morning aligns well with natural cognitive demands throughout the day. Swallow the capsules whole — do not crush or chew them.

Tips for best results

Pair with a healthy, varied diet, adequate hydration, quality sleep and regular mental or physical activity.

Avoid taking Neurovex Pro with large amounts of caffeine or other stimulants, as the formula already includes Dynamine®, a mild stimulant compound. Excessive caffeine may increase the risk of jitteriness.

If you take other medications or supplements, try to space them out and consult a healthcare professional regarding potential interactions.

Important considerations

The product contains a stimulant (*methylliberine*). It is not recommended for use close to bedtime, as this may interfere with sleep.

Always follow the directions on the label. Individual needs may differ based on age, weight, and health status.

Neurovex Pro is intended for healthy adults seeking daily nutritional support for cognitive function. It is not a substitute for a balanced diet and healthy lifestyle. You should consult your healthcare professional before starting any new supplement, especially if you have questions about dosage or compatibility with your current routine.

Store in a cool, dry place below 25°C. Protect from direct sunlight and moisture. Keep out of reach of children.

Side effects

Neurovex Pro is formulated with well-researched ingredients that are generally well tolerated by healthy adults at the recommended dosage. As with any dietary supplement, however, individual responses can vary, and some users may experience mild side effects. Most reported effects are temporary and often resolve with continued use or when the product is taken with food. Serious side effects are rare when the product is used as directed.

Common side effects

These side effects are typically mild and may decrease over time.

- Gastrointestinal discomfort, such as nausea, stomach pain, cramps, diarrhoea, constipation or bloating (associated with ingredients such as citicoline, ALCAR, bacopa monnieri and ginseng).
- Headache or mild dizziness (reported with citicoline, L-tyrosine, rhodiola and ginseng).
- Dry mouth or changes in saliva production (possible with Rhodiola and Bacopa).
- Insomnia, restlessness or difficulty sleeping if taken later in the day (due to the stimulant properties of methylliberine, rhodiola and ginseng).
- Fatigue or jitteriness during initial use.

Rare side effects

These occur less frequently and may include:

- Increased heart rate, palpitations or changes in blood pressure (possible with adaptogens such as Rhodiola and Panax ginseng, or with the stimulant component).
- Skin rash or allergic-type reactions (particularly if sensitive to Lion's Mane mushrooms).
- Vivid dreams or mild mood changes.
- 'Fishy' body odour (rarely associated with high doses of carnitine derivatives such as ALCAR, though unlikely at 500 mg).

Serious side effects

Although serious side effects are very rare, you should still seek immediate medical attention should they appear.

- Severe allergic reactions (difficulty breathing, swelling, severe rash).

- Significant changes in blood pressure or heart rhythm.
- Worsening of pre-existing seizure disorders (theoretical risk with certain ingredients, such as ALCAR, in sensitive individuals).

General guidance

Side effects are more likely to occur when you first start taking the product, if you take it on an empty stomach, or if you combine it with high amounts of caffeine or other stimulants. If any side effects occur and persist or worsen, discontinue use and consult a healthcare professional. Neurovex Pro is not intended to diagnose, treat, cure or prevent any disease. Individual tolerance may vary depending on age, health status and any other medications or supplements being taken. Always consult your healthcare provider before use, especially if you have any underlying conditions.

Contraindications

Neurovex Pro is intended for healthy adults only. Due to the specific ingredients and their known effects, certain individuals should not use this product. Always consult a qualified healthcare professional before use to determine suitability.

Do not use Neurovex Pro if you:

- are under 18 years of age;
- are pregnant, planning to become pregnant, or breastfeeding (there is insufficient safety data for most of the ingredients, including *citicoline*, ALCAR, adaptogens and lion's mane);
- have a known allergy or hypersensitivity to any ingredient, particularly mushrooms (Lion's mane) or fungi;
- have bipolar disorder (ALCAR may worsen symptoms in some cases);
- have a history of seizures or epilepsy (ALCAR and certain stimulants may lower the seizure threshold);
- have hyperthyroidism or Graves' disease (*L-tyrosine* may increase thyroid hormone levels);
- have an autoimmune condition, such as multiple sclerosis, rheumatoid arthritis or lupus (rhodiola, lion's mane and some adaptogens may stimulate immune activity);
- have a bleeding disorder or are you taking blood-thinning medications as Lion's Mane may slow blood clotting, and ginseng may also affect clotting;
- are scheduled for surgery (stop taking these supplements at least two weeks before surgery due to their potential effects on blood clotting and blood sugar).

Use with caution and only under medical supervision if you:

- have hypothyroidism or take thyroid medication;
- take medications for Parkinson's disease (e.g. *levodopa* and *citicoline* may interact);
- take MAO inhibitors, antidepressants, or other medications that affect *dopamine*, *serotonin*, or blood pressure (there is a potential interaction with *L-tyrosine*, rhodiola, ginseng, and methylxanthines);
- have diabetes or take blood sugar-lowering medication (there may be possible effects from lion's mane and ginseng);
- have cardiovascular conditions or high blood pressure (the stimulant component and adaptogens may influence heart rate or blood pressure);
- take chemotherapy or have neuropathy, ALCAR may worsen chemotherapy-induced neuropathy in some cases.

This list is not exhaustive. Individual medical conditions, medications, and sensitivities can create additional risks. Neurovex Pro is a dietary supplement that is not intended to diagnose, treat, cure or prevent any disease. It is essential to seek professional medical advice before

starting any new supplement regimen.

Warning

Neurovex Pro is a dietary supplement designed to support cognitive function as part of a healthy lifestyle. It is not intended to diagnose, treat, cure or prevent any disease. Results may vary between individuals and this product should never replace a varied and balanced diet, regular exercise, adequate sleep or proper hydration.

Important safety information

- Do not exceed the recommended daily dose of six capsules.
- The product is not suitable for individuals under 18 years of age.
- The product is not recommended for pregnant or breastfeeding women due to insufficient safety data for several key ingredients, including *citicoline*, ALCAR, adaptogens (rhodiola rosea and Panax ginseng), lion's mane mushroom and *methylliberine*.
- This product contains the stimulant *methylliberine*. Avoid taking late in the day to minimise any potential impact on sleep. Limit your intake of additional caffeine or other stimulants to reduce the risk of restlessness or jitteriness.
- Seek advice from a healthcare professional before use if you have a medical condition, are taking prescription medication (especially for blood pressure, the thyroid, diabetes, blood clotting, depression or Parkinson's disease), or have a history of seizures, autoimmune disorders or bleeding conditions.

Additional precautions

- Discontinue use at least two weeks before any scheduled surgery due to the potential effects of certain ingredients (e.g. Lion's mane and Ginseng) on blood clotting and blood sugar.
- If you experience any adverse reactions, such as persistent gastrointestinal discomfort, headaches, a rapid heartbeat or allergic symptoms, stop using the product immediately and seek medical advice.
- Store in a cool, dry place below 25°C.
- Protect from direct sunlight and moisture.
- Keep out of reach of children.

Neurovex Pro is designed for healthy adults seeking daily nutritional support for cognitive health. It is always recommended to seek professional medical advice before beginning any new supplement regimen, particularly when combining it with existing medications or health concerns. Always read the label and follow the usage instructions carefully.